



***St. Tolas N.S.***

***Substance Use Policy***



## **Scope of Policy**

This policy applies to students, teachers, auxiliary staff members, users of the school premises, visitors, i.e. every person who enters the building. It is applicable during school-time – including breaks and to ALL school related activities. It applies to the school building and grounds and to any area where a school related activity takes place, e.g. School Tour, educational trips and school events.

## **Aims of Policy**

The aim of the substance use policy of St. Tola's N.S. is primary prevention. We aim to protect our pupils from the harmful effects of substance misuse and try to prevent them from using tobacco, alcohol, solvents and illegal drugs. We aim to develop in our pupils' better self-esteem, through providing a positive school climate and atmosphere and through giving our pupils age appropriate information from educational programmes.

## **Relationship To School's Mission, Vision And Aims**

The characteristic spirit of this school has been developed and agreed with our partners in education. This substance use policy reflects the school policy by:

- Drawing together teachers, staff, parents, Board of Management members and members of the local community in formulating this policy
- Including reference to substance use in the enrolment policy
- Including reference to substance use in our Code of Discipline and School Rules

## **Rationale**

### **Why is this policy necessary?**

The world in which we live presents young people with many challenges, which affect their health and well-being. Exposure to alcohol, tobacco and drugs is part of this reality. Schools need to reflect upon how they might provide for the needs of their student cohort and respond appropriately to what are sometimes sensitive and emotive issues.

The Education Act 1998 provides that schools should promote the social and personal development of students and provide health education for them. The National Drugs Strategy '*Building on Experience*' is now government policy and it requires schools to have a substance use policy in place. The recent report from the National Advisory Committee on Drugs entitled '*Drug Use Prevention*' (November 2001) underlines the importance of schools developing substance use policies.

The 1999 European School Survey Project on Alcohol and other Drugs (ESPAD) Report highlighted the seriousness of the problem among sixteen year olds in Ireland, as compared to the other 29 ESPAD countries surveyed. Alcohol was identified as being the dominant drug misused in Ireland whilst the use of tobacco and other drugs was above the ESPAD average.

For the population as a whole, alcohol consumption per capita in Ireland has increased by 41% in the period 1989 to 1999, while the other EU Member States showed either a decrease or a modest increase. Ireland now has the second highest per capita consumption of alcohol in the EU.



The school authority in St. Tola's N.S. has a moral and legal obligation to ensure compliance with the criminal law.

### **Implementation Procedures**

Copies of the policy were distributed to Board of Management members for ratification in October 2021. When ratified and amended, copies were given/available to:

- All teachers and staff members
- Parents via the school website
- Committee members
- School Community on request

### **Timeframe**

This policy in its final re-viewed in October 2021. It was circulated to staff members, parents and Board of Management. Procedures will be reviewed annually each October.

### **Monitoring and Review Procedures**

A record will be kept in school of all substance use incidents. A copy of this policy will be issued to all staff members and a reminder of its contents will be given at the first staff meeting of each year. A Board of Management member has agreed to take responsibility to monitor procedures annually and ensure they are being adhered to.

### **Policy Content**

#### **Management of Alcohol, Tobacco and Drug Related Incidents**

The school believe that the majority of pupils are NOT currently at risk in relation to substance misuse. There may be an absolute minority of pupils in more senior classes who may have witnessed others misuse substances or have access to substance misuse opportunities but these occur outside of school and school related activities.

Incidents relating to alcohol, tobacco and drug use are addressed in the school's Code of Behaviour, Admissions and Discipline policies and pupils may be suspended or expelled if involved in any drug related incident.

The school's shared understanding of a 'drug related incident' is:

- Any unusual or unbecoming behaviour resulting from intake or use of alcohol, tobacco or illegal drugs
- The sale or passing on of any illegal substance,
- The possession of alcohol, tobacco or illegal drugs on school grounds or at school related activities
- Disposal of drugs or related items (e.g. syringes) found on school property.

The reporting procedure for such incidents is:



**Step 1:** Witness to drug related incident informs teacher/staff member/Principal

**Step 2:** Principal inform parents/guardians

**Step 3:** Principal informs Chairperson of Board of Management

**Step 4:** Gardaí informed depending on seriousness of incident

**Step 5:** Area Health Board informed for disposal of items

Parents will be involved by accepting the school's Code of Behaviour and Discipline Policies. They will be informed of an incident involving their own child and will be asked to accept responsibility, co-operate with the school authorities and with the Gardaí if necessary.

Parents will be involved in incidents involving another child only if deemed necessary by the school authorities; if parents are aware that another child is involved in drug-related incidents under the scope of this policy they should inform the teacher, Principal or a Board member.

**The role of the Board of Management is to:**

- Ratify this policy
- Implement this policy
- Monitor and evaluate it
- To sponsor/provide training for staff members
- Make decisions involving critical incidents
- To deal with the media in the event of a critical incident.

This policy puts the following procedures in place to deal with an incident requiring medical intervention:

- 'Universal Precautions' will be applied; e.g. wearing of proper protective gloves etc., washing and making safe an area after an incident; provision of a yellow bin to dispose of needles or other unsuitable appliances
- First Aid training has been given to staff members on a bi-yearly basis. They are now qualified and certified to assist with medical emergencies.
- Copies of all relevant phone numbers are appended (see Appendix 1)
- The Board of Management has ensured that a Critical Incident Policy is in place.

The school has established an excellent rapport with the local Garda station and will invite representatives from the local Garda station to speak with senior pupils. Whether or not to inform the Gardaí of minor incidents will be at the discretion of the Principal and the Chairperson of the Board of Management, but they will be involved in any serious substance abuse incidents.

At local level the following support agencies are available to which students involved in substance misuse might be referred:



- N.A. (Narcotics Anonymous)
- Child Care & Family Support Services
- Drug Education Officer
- Drug Helpline **1800 459 459**
- Juvenile Liaison Officer
- Community Garda

In the event of media interest in relation to a ‘drug related incident’, the matter will be referred to the Board of Management and the Chairperson will issue a prepared statement to the media.

### **Management of Persons in the Workplace Under The Influence of Drugs and/or Alcohol**

The Board of Management shall ensure, so far as is reasonably practicable, that pupils and other persons in the workplace are not exposed to risks to their safety, health or welfare from persons under the influence of drugs and/or alcohol. The term “in the workplace”, in the preceding sentence includes all school related activities taking place under the supervision of a teacher, with the Board’s approval, and both within and away from the school premises.

Every school employee shall, while at work, ensure that he or she is not under the influence of an intoxicant as required by Section 13 of the Safety, Health and Welfare at Work Act, 2005.

Should the Principal and/or Deputy Principal have reasonable grounds to believe that a staff member is unfit for work, due to being under the influence of an intoxicant, the Principal and/or Deputy Principal shall ask that person to remove him/herself from the workplace, in the interests of the safety, health and welfare of the employee and others. In the case of employees who are at work under the influence of an intoxicant, disciplinary procedures may be implemented.

Should the Principal and/or Deputy Principal have reasonable grounds to believe that an employee of any contractor is unfit for work, due to being under the influence of an intoxicant, the Principal and/or Deputy Principal shall ask the contractor to remove his/her employee from the workplace.

If a member of staff has reasonable grounds to believe any person, other than a staff member or employee of a contractor, is unfit to be on the premises, due to being under the influence of an intoxicant, the staff member shall report his/her belief promptly to the Principal and/or Deputy Principal, who shall ask that person to remove him/herself from the workplace.

If a member of staff has reasonable grounds to believe that a parent or adult collecting a pupil from school or presenting themselves on the premises for another reason is unfit to be on the premises or to take care of the said pupil, the Principal and/or Deputy Principal will be informed and the duty of care will apply to the pupil. All necessary steps will be taken to protect the pupil and safeguard their best interests.

In the event that a staff member or any other person, referred to above, refuses a reasonable request to remove him/herself from the premises, the Principal and/or Deputy Principal may call the Gardaí to forcibly remove the person in question.

The Board of Management acknowledges its responsibility in promoting the welfare at work of teachers. The Employee Assistance Service (EAS) is provided by Spectrum.Life under the logo of



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‘Wellbeing Together: Folláinne Le Chéile’. The EAS is a self-referral service where employees have access to a dedicated free-phone confidential helpline 1800 411 057 available 24 hours a day, 365 days a year providing advice on a range of issues such as wellbeing, legal, financial, mediation, management support etc. In the event that substance abuse appears to be adversely affecting the performance and/or attendance pattern of any member of the teaching staff, the Board of Management may request such staff member to contact the Employee Assistance Service.

The Board of Management also acknowledges its responsibility in promoting the welfare at work of all other staff members. In the event that substance abuse appears to be adversely affecting the performance and/or attendance pattern of any member of the non-teaching staff, the Board of Management may request such staff member to seek counseling or other professional intervention.

All incidents, relating to the presence of persons at school, under the influence of an intoxicant, shall be recorded and reported as soon as possible to the Board of Management.

The Board of Management shall consider all such reports and decide on the appropriate action to be taken in the circumstances of each particular case.

Ratification:

This policy was ratified and implemented on \_\_\_\_\_.

It will be reviewed in October 2023.

Signed:  Date: 8th October 2021  
Fr. S. Heaney Chairperson, Board of Management

Signed:  Date: 8th October 2021  
Eileen Smyth, Principal



## Appendix 1

### **Important Contact Numbers**

#### **Community Alcohol & Drug Service Longford & Westmeath**

The Community Alcohol & Drugs Service (CADS) provides a range of services for people presenting with alcohol and drug problems including a Counselling Service, Opiate Treatment Service and Psychiatric Out-patient Service. This service offers a means to improve the health and quality of life of service users and stabilise clients abusing alcohol and drugs.

#### **CADS Mullingar**

St Mary's Campus Castlepollard Road, Mullingar, Co. Westmeath

Email: [Sec.Cadsmullingar@hse.ie](mailto:Sec.Cadsmullingar@hse.ie)

Tel: 044 939 5200

#### **Access to service**

The service operates on a sectorized basis from three service locations and four satellite locations with open referrals i.e. anybody can refer or self-refer to our services.

#### **Service provided**

- Assessment, counselling and educational information for people with Alcohol & Drug problems and their families
- Referral to other appropriate agencies for treatment and rehabilitation
- Opiate treatment service – Assessment, Methadone Maintenance and Urinalysis for individuals with opiate misuse and dependency
- Psychiatric assessment and treatment
- Alternative Therapies – Massage, Reflexology, Acupuncture, Reiki etc
- Harm minimisation, Family Support & Rehabilitation through MRDTF & MQI

**Mullingar** – Tel: 044 939 5200 Fax: 939 5213

St Mary's Campus Castlepollard Road, Mullingar, Co. Westmeath

Email: [Sec.Cadsmullingar@hse.ie](mailto:Sec.Cadsmullingar@hse.ie)

#### **Service provided**

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- Harm minimisation



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**CADS Longford:** Tel: 043 33 50137 Fax: 044 9395213  
c/o Community Mental Health Centre, St Joseph's Care Centre, Longford.  
Email: [sec.cadsmullingar@hse.ie](mailto:sec.cadsmullingar@hse.ie)

### **Service provided**

- Assessment, counselling and educational information for people with Alcohol & Drug problems and their families
- Referral to other appropriate agencies for treatment and rehabilitation
- Alternative Therapies – Massage, Reflexology, Acupuncture, Reiki etc
- Harm minimisation, Family Support & Rehabilitation through MRDTF & MQI

**CADS Tullamore** Tel: 057 93 15801 Fax: 057 9315813  
MRHT Arden Road, Tullamore, Co. Offaly.  
Email: [sec.cadstullamore@hse.ie](mailto:sec.cadstullamore@hse.ie)

**CADS Portlaoise** Tel: 0578692516 Fax: 057 8663296  
Coote Street, Portlaoise, Co. Laois  
Email: [sec.cadsportlaoise@hse.ie](mailto:sec.cadsportlaoise@hse.ie)